

Level 2 project – Developing the Spiritual Disciplines
Rough Draft and Final Copy Dates are listed on 4.12 Calendar

Rough Draft:

For each of the following disciplines, share Scriptural support and personal evidence for why the practice is important, using a self-evaluation sheet.

There are a variety of ways to say this perhaps you have heard of spiritual disciplines, practices of grace, spiritual practices, etc... They all refer to the same idea, to deepening and growing your relationship with Jesus. These are helpful ways of developing your spiritual life and not just things that you do to check off of a list. For the sake of continuity, we will be referring to them as spiritual disciplines, but we want you to know that this isn't the only name for what we will be going through.

You will be doing self-evaluations for each of the following Spiritual Disciplines:

- 1) Witnessing
- 2) Prayer
- 3) Fellowship
- 4) The Word (quiet times)
- 5) Scripture Memory

After you have completed your evaluations, female students should submit their evaluations to rachel@joyel.org and male students should submit their evaluations to nic@joyel.org. Rachel and Nic will give feedback on the evaluations.

Final Project:

You should update your rough draft from the feedback provided. In addition, you are then to choose 2 additional spiritual disciplines from the following list or ones that you propose and are approved by the Director of the 4.12 LTP. Then fill out additional self-evaluation sheets. The entire project should then be resubmitted, female students to rachel@joyel.org and male students to nic@joyel.org).

- a) Meditation
- b) Fasting
- c) Study
- d) Simplicity
- e) Solitude
- f) Submission
- g) Service
- h) Confession
- i) Worship
- j) Guidance
- k) Celebration

Additional self-evaluation sheets are found on the 4.12 Resources Page:
<http://joyelgeneration.org/412-leadership-training/412-resources>

Developing the Spiritual Disciplines Self-evaluation

Spiritual Discipline to be studied: _____

1. Why do I do this activity?
2. What Scripture (3-4) personally motivate me to this?
3. What, when, and how am I doing in this area? Give specifics of your present plan and activity.
4. What difficulties am I encountering with it?
5. What would I like to see develop in my life in this area in the next year?
6. What lessons am I learning through it about myself? About God? About others?